# Minutes of Nishtar Society Executive Members Meeting

Date: Sunday, 23rd June 2024

Venue: Copthorne Hotel, Slough Windsor

**Time:** 12:00 PM

# 1. Opening

- The meeting commenced with a recitation from the Holy Quran (Tilawat).
- This was followed by the playing of the National Anthem of Pakistan.

#### 2. Attendance

#### **Members Present:**

- Prof. Amjad Shad
- Dr. Sadiq Tasneem
- Dr. Farhan Rashid
- Dr. Maaz Tareen
- Dr. Ahmed Faraz Bhatti
- Mr. Shahid Sahu
- Dr. Shafqat Bukhari
- Dr. Nudrat Hashmi
- Dr. Muhammad Farhan Rasheed
- Dr. Najaf Siddiqi

#### **Invited Guests:**

- Dr. Khalid Irshad
- Mr. Shahid Sahu
- Dr. Irfan Malik
- Dr. Ghulam Abbas

#### 3. Oath

• **Dr. Najaf Siddiqi** took the official oath as part of the committee.

# 4. Appointments and Approvals

- **Dr. Javed Khan (N42)** was proposed and agreed upon for the role of **Joint Secretary**.
- Dr. Shahzad Sadiq was nominated and approved as Vice President.
- The **minutes of the previous meeting** were formally approved.

#### **Trustee Appointments:**

- **Dr. Aslam Nasir** was appointed as a trustee, replacing **Dr. Sadiq Tasneem**.
- Dr. Noman Ehsan was appointed in place of Dr. Muhammad Ajmal.
- Dr. Khalid Irshad and Mr. Shahid were also appointed as trustees.

## 5. Future Meetings

- The next meeting is scheduled for 11th August in Manchester.
- A provisional meeting is planned for 29th September in Dublin, Ireland, pending discussions with Dr. Athar Sheikh.

An exciting Gala Night and Dinner will be held in London on 19th October, marking

the first such event under the new administration. Invitations will be extended to

prominent figures such as the Mayor of London, the Vice Chancellor of Nishtar

Medical University, and the Ambassador of Pakistan. The event will be promoted

through flyers and social media platforms.

6. Multidisciplinary Team (MDT) Arrangements

Plastic Surgery: Dr. Faraz Bhatti

Neurosurgery: Prof. Amjad Shad, Dr. Shafqat Bukhari, Dr. Irfan Malik

Colorectal MDT: Dr. Najaf Siddiqi, Dr. Farhan Rashid

7. Joint Initiatives

NSUKI and the North American Nishtarian Association (NANA) will collaborate on

public education initiatives regarding plastic surgery.

A joint official letter will be sent by NANA and NSUKI to the administration of

Nishtar.

The MDT will start offering **second opinions** in August, with plans for further **webinars**.

8. Webinars

A series of webinars were agreed upon to support members in their professional development:

**IELTS/PLAB:** Dr. Faraz Bhatti

• **GP Training:** Dr. Zammad Chishti

CV Writing and Job Planning: Dr. Maaz Tareen, Dr. Farhan Rashid

- Surviving the First Year as a Consultant: Dr. Irfan Malik
- Medical Ethics: Dr. Shafqat Bukhari
- Pensions and Medico-Legal Issues: Professional Lawyer or Mr. Shahid Sahu
- Becoming a Good Surgeon: Dr. Sadiq Tasneem, Dr. Shahzad Sadiq
- Training Ladder: Dr. Farhan Rashid, Dr. Nudrat Hashmi, Dr. Najaf Siddiqi

# 9. Legal Talk by Mr. Shahid

- The registration of **NSUK** as a **Charitable Incorporated Organisation (CIO)** was discussed, with the name agreed as "NSUK."
- It was decided that the charity's official address would be Dr. Khalid Irshad's home address.
- The Person with Significant Control (PSC) was confirmed as Mr. Shahid.
- The Statement of Guarantee was reduced from 35% to 25% by Shafqat Bukhari and Irfan Malik.

### 10. Closing

 The meeting was adjourned and followed by a lunch, offering attendees an opportunity to socialize and network.